

Stress of Doctors in Public and Private Hospital

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ABSTRACT: Aim of this study is to find stress of doctors in public and private hospital

KEYWORDS: stress level, doctors private and public hospitals, nightshift

I. INTRODUCTION:

Present era, no doubt is the era of comfort and console, but at the same time creates surplus of rising demands that strain human beings physiologically and psychologically. This strain results in stress that has crossed the entire population despite of their social and economic backgrounds. The victims of stress are not only

white-collars as managers, executives and administrators at key positions but also the blue collars as labors and other manual working staff. Owing to the increasing intricacies and complications of rising living standards, stress has become an inescapable and obvious element of life. Today's fast paced world has indulged everybody in stress.

Thus in the current era, stress in general and job stress in particular has victimized everyone and so has achieved significant consideration. Stress is an element of everyday living and so is barely avoided (Nayak, 2008).

II. REVIEW OF LITERATURE :

YEAR	TITLE AND YEAR PUBLISHED	AUTHOR	FINDING
2013	International journal of learning and development 2013	<ul style="list-style-type: none"> Hassan denial aslam Nameen namsoor 	<p>A peaceful and comfortable atmosphere must be given to doctors that is necessary to improve their performance. Teachers must feel free to work there. They must have autonomy to work at their own. Security should be provided to doctors for their personal safety especially to female doctors performing night duties. Moreover doctors should be provided with adequate resources such as oral and inject able medicines so that they full fill the patients requirements according to their needs</p>

2014	Research plan proposal 2014	<ul style="list-style-type: none"> • SHARADHA • Baba ifrana 	<p>➤ This study aims the at ascertaining association between Job Stress and Job Satisfaction of the doctors, and eventually the outcome that job stress have on job satisfaction. The study will be restricted to the doctors of Jaipur and the problems and effects they face due to job stress. This study will revolve around the effects and implications of job stress that is faced by the doctors and its impact on job satisfaction level of the doctors towards their job. This study will be restricted to some selected hospitals. The perceptions of doctors will be taken into account with help of Primary)</p>
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2016	Asia pacific journal of Health management 2016	<ul style="list-style-type: none"> • Neha saxena • Himanshu rai 	<p>The study builds on a body of work that stresses on the importance of HR functions as the key contributors to the performance and growth of organisations, particularly healthcare. Effective HR management means recruiting and selecting a suitable workforce, ensuring that employees are adequately trained and that work is appropriately assigned, while also keeping them motivated through the process of proper incentivising, compensation and benefits, among other things. Compensation and various types of benefits which include disability income protection, retirement benefits, sick leave,</p>
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			vacation (paid and non-paid), daycare, funds for education, as well as flexible and alternative work arrangements help to retain a more qualified workforce in the healthcare sector. Regular meetings should be held between staff and management to work out solutions to problems.
2017	Open asses international e journal	DR.T.Elanchezhian	The investigation at first covers the correlation of Quality of occupation range and the Job Satisfaction. To the extent the examination of nature of all the work life anddimension of worry of the example of male and female specialists doctor is concerned, the female specialists doctor are being appreciated by a superior occupation's life quality regarding Supervisory Relationship than the male specialists. As against this, there was no huge distinction in their Job Satisfaction. Hence, it is significant for the administration to focus on those angles that emphasis on the improvement of the Supervisory Relationship of male specialist's doctors so as to improve their activity's life quality. A positive supervisory reaction would make them not so much pushed but rather more beneficial. 2. Another perspective that the investigation secured was to discover those components of occupation life's quality that influence the activity fulfillment of the example of both male and female doctors. In this way, an examination of the example of female doctors uncovered that Self Respect and Dignity,

2018	Helix the scientific explorer	DR.Gayathri band	<p>Findings of the present study revealed that Health care Professionals are suffering from organizational role stress. The mean value is 77.84 for total ORS public is quite high comparatively. The level of stress on role stagnation (RS) is the highest (9.81), followed by Role expectation conflict (7.55). Along with these two stressors (RE) and (IRD) is above 7, the level of stress on three stressors i.e. Resources inadequacy, personal inadequacy and Role expectation inadequacy is above 7, which is again on a higher side. In order to investigate further, the ORS scores on various stressors have been classified in four categories; namely, Low stress group (0-5), medium stress group (6-10), medium high stress group (11-15), and the very high stress group (16-20). It can be pointed out that (54.25%) of doctors experience low medium level of stress, followed by low stress level (26%); 17.25% doctors fall under the category of high medium stress level, contributing to a high total ORS score of 77.84. Only (2.5%) of doctors fall under the category of very high stress group. The high score of role stagnation in doctors may be due to the nature of their work. Their day in the hospital starts with attending the patients, inspecting their respective wards, attend academic lectures and work during nights at least twice a week and then attend their familial demands as well.</p>
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Research gap;

The feedback of many doctors from various states have been done in various method in both private and

Government hospital in india

Hence we have catered to it

Data Collection:

study will be empirical in nature it will be based on

primary source of data in addition to primary

The Source, secondary source will also be used or this study

For the purpose of study the source will be as follows

1.primary data source ; it will be collected with the help of questionnaire to be filled in by the doctors

2.secondary data source ; it will be collected with

the help of books, journals, magazines ,newspaper and

Other public sources

III. DATA ANALYSIS and CONCLUSION :

We have a clear table after collecting data's from both government and private doctors which clearly shows The stress level between them

Stressors	IRD	RS	REC	RE	RO	RI	RIN	TOTAL	RANK
PRIVATE	9.02	7.55	6.67	6.93	7.37	5.57	77.08	65.83	2
PUBLIC	7.9	9.81	7.96	7.37	7.49	7.63	7.67	77.84	1

Research Objectives

The topic that has been talked about earlier also but in addition to already existing researchesthis particular study

Aims

- To assess the association between Job Stress and Job Satisfaction among Doctors
- To study and analyse the various factors/ reasons of Job Stress affecting the Doctors.
- To determine the various effects of job stress affecting the Job Satisfaction level among the doctors.

Hypotheses of the study

Hypothesis 1:

There is no significant association between Job Stress and Job Satisfaction among doctors

There is a significant association between Job Stress and Job Satisfaction among Doctor

Hypothesis 2:

there is no significant difference between Job Stress levels among the Doctors.

There is a significant difference between Job Stress levels among the Doctors.

Hypothesis 3:

There is no significant difference between Job Satisfaction levels among the Doctors.

There is significant difference between Job Satisfaction levels among the Doctors.

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Appendix

TRAINEE NAME :		TRAINING CENTRE	
JOB ROLE ENROLLED :		BATCH ID	
TRAINER'S NAME :		CENTRE ID	

A) About Trainer and Training :

Items	strongly disagree	disagree	neutral	agree	strongly agree
The Trainer is knowledgeable					
Adequate time is provided for question and discussion and clearing doubt					
Nurse manager was a good manager and leader					
Class are conducted regularly and ontime					
Adequate support services allowed you to spend time with patients					
physicians and nurses had good working relationship					
Chief nursing officer was highly visible and accessible to staff					
High standard of nursing care were expected by admin					
Active staff development or continuing education program existed for nurses					
Opportunity for staff nurses to participate in policy decision					
Career development clinical leader opportunity existed					
There was enough staff to get the work done					
Supervisors used mistakes as learning opportunities					